

HIGHLIGHTS

HARFORD COUNTY DEPARTMENT OF COMMUNITY SERVICES

OFFICE ON AGING

The Harford County Department of Community Services Office on Aging provides support to persons age 55 and over to live full, productive and satisfying lives.*

SERVICES

Caregiver Support — case workers provide case management and coordinate services for respite care and/or financial assistance for other services and supplies as determined on an individual basis.

Housing Information — available on senior apartments, assisted living and nursing homes in Harford County.

In-Home Care — includes home visits by Office on Aging caseworkers, and senior care that provides services to eligible homebound seniors, such as shopping, personal hygiene, cleaning/chores, medications and respite care.

Information and Assistance regarding:

- Consumer Problems
- Food Stamps
- Insurance
- Legal & Financial Issues
- Loan Closet
- Long Term Care
- Medical Assistance
- Pharmacy Assistance
- Social Security
- Social Services
- Supplemental Security Income
- Support Groups
- Taxes
- Veterans Benefits

Long Term Care Ombudsman — helps advocate for the rights of residents of nursing homes and assisted living facilities.

Medicaid Waiver — provides case management services for those who are medically and financially eligible for nursing home medical assistance.

State Health Insurance Assistance Program (SHIP) — provides information on health insurance issues affecting seniors, such as Medicare, Medicaid, Medigap and Long Term Care Insurance. **The Senior Medicare Patrol (SMP)** program trains people to be aware of health care fraud, waste and abuse in the Medicare/Medicaid programs and provides information about identity theft and scams.

Direct Numbers for Office on Aging Programs

Aging & Disability Resource Center (ADRC)
410-638-3303

Caregiver Program
410-638-3303

Guardianship Program
410-638-4283

Medicaid Waiver Program
410-638-4283

Ombudsman Program
410-638-3577

Outreach Programs
410-638-3303

Senior Care Program
410-638-3303

Senior Activity Centers
410-638-3032

State Health Insurance Program
410-638-3577

Senior Medicare Patrol Program
410-638-3577

* Some services require a person to be age 60 or over.

CONTACT

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www.harfordcountymd.gov/services 410.638.3025

Office on Aging



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SENIOR ACTIVITY CENTER INFORMATION

Harford County's Senior Activity Centers provide a variety of educational and recreational programs, services and activities to ensure an active, healthy and quality lifestyle.

BENEFITS AND FUN ACTIVITIES OFFERED AT THE CENTERS:

- Join any center at age 55+
- Low cost transportation.* Contact Harford Transit at 410-612-1620 or visit www.harfordtransit.org for more information.
- Daily meals for a small donation**
- Build new and lasting friendships
- Meet others with the same interests
- FREE health screenings/seminars
- Support Groups for medical conditions such as Diabetes and Parkinson's
- Fitness/workout rooms**
- Annual billiards tournament
- Talent shows
- Bingo, card games, movies, music and cultural presentations
- Volunteer opportunities and much more

SENIOR ACTIVITY CENTERS

Aberdeen Senior Activity Center

7 Franklin Street, Aberdeen
410-273-5666

Edgewood Senior Activity Center

1000 Gateway Rd, Edgewood
410-612-1622

Forest Hill/Hickory (satellite location)

2213 Commerce Drive, Forest Hill
410-638-3616

Havre de Grace Activity Center

351 Lewis Lane, Havre de Grace
410-939-5121

Highland Senior Activity Center

708 Highland Road, Street
410-638-3605

McFaul Activity Center

525 West MacPhail Road, Bel Air
410-638-4040

Veronica "Roni" Chenowith Activity Center

1707 Fallston Road, Fallston
410-638-3260

SAMPLE OF AVAILABLE CLASSES AND ACTIVITIES***

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| • Art Classes | • Memoir Writing | • Yoga |
| • Basket Weaving | • Quilting | • Toning Classes |
| • Book Discussion | • Social Dance | • Zumba |
| • Crafts | • Basic Fitness Classes (seated) | • Group fitness activities, such as basketball, table tennis, pickleball, bocce ball |
| • Current Events | • Balance Classes | |
| • Wildfowl Carving | • Fitness Center** | |
| • Computer – <i>Beginner, Intermediate, Advanced</i> | • Tai Chi | |
| • Digital Photography | • Qigong | |
| • Stained Glass | • Cardio Classes | |
| • Knitting/Crocheting | • Line Dancing | |

*** This is not a complete listing of all classes offered; please check with each center's current catalog for available classes, fees and times.

* for those age 60 and over, available at most locations ** at some locations